



walking with purpose

## OPENING YOUR HEART: THE STARTING POINT (OYH)

**LOCATION:**

**TIME:**

**MATERIALS:** *THE BIBLE* AND *OPENING YOUR HEART* STUDY GUIDE (CONNECT COFFEE TALKS ACCESSIBLE ONLINE OR DVD PURCHASE)

Session One		Lesson 1: Connect Coffee Talk: Four Steps to Walking with Purpose
Session Two		Lesson 2: Who Is Jesus Christ?
Session Three		Lesson 3: Why Is Jesus Christ Interested in My Friendship?
Session Four		Lesson 4: Why and How Should I Pray?
Session Five		Lesson 5: Connect Coffee Talk: God—First Place in All Things
Session Six		Lesson 6: Who Is the Holy Spirit?
Session Seven		Lesson 7: Why Should I Read the Bible?
Session Eight		Lesson 8: What Is Grace, and What Difference Does It Make?
Session Nine		Lesson 9: What Are the Limits of Christ’s Forgiveness?
Session Ten		Lesson 10: Connect Coffee Talk: Your Heart—You Are Captivating
Session Eleven		Lesson 11: What Does the Sacrament of Penance Have to Do with My Friendship with Christ?
Session Twelve		Lesson 12: What Does the Eucharist Have to Do with My Friendship with Christ?
Session Thirteen		Lesson 13: How Do I Conquer My Fears?
Session Fourteen		Lesson 14: Connect Coffee Talk: Marriage—Transformed by Grace
Session Fifteen		Lesson 15: What Is the Role of Suffering In My Life?
Session Sixteen		Lesson 16: What Does Mary Have to Do with My Friendship with Christ?
Session Seventeen		Lesson 17: Can God Really Change Me or Is That Just Wishful Thinking?
Session Eighteen		Lesson 18: Connect Coffee Talk: Children—Reaching Your Child’s Heart
Session Nineteen		Lesson 19: What Challenges Will I Face in My Efforts to Follow Jesus More Closely?
Session Twenty		Lesson 20: What Is the Relevance of the Church in My Life?
Session Twenty-one		Lesson 21: How Do I Read the Bible in a Meaningful Way?
Session Twenty-two		Lesson 22: Connect Coffee Talk: Outside Activities—Set the World on Fire