



## OPENING YOUR HEART: THE STARTING POINT (OYH)

**LOCATION:** St. Vincent de Paul Catholic Church

**TIME:** 6:30-8:00 p.m.

**MATERIALS:** *THE BIBLE* AND *OPENING YOUR HEART* STUDY GUIDE (CONNECT COFFEE TALKS ACCESSIBLE ONLINE OR DVD PURCHASE)

Session One	9/26/24	Lesson 1: Connect Coffee Talk: Four Steps to Walking with Purpose
Session Two	10/3/24	Lesson 2: Who Is Jesus Christ?
Session Three	10/10/24	Lesson 3: Why Is Jesus Christ Interested in My Friendship?
Session Four	10/17/24	Lesson 4: Why and How Should I Pray?
Session Five	10/24/24	Lesson 5: Connect Coffee Talk: God—First Place in All Things
Session Six	11/7/24	Lesson 6: Who Is the Holy Spirit?
Session Seven	11/14/24	Lesson 7: Why Should I Read the Bible?
Session Eight	11/21/24	Lesson 8: What Is Grace, and What Difference Does It Make?
Session Nine	12/5/24	Lesson 9: What Are the Limits of Christ’s Forgiveness?
Session Ten	12/12/24	Lesson 10: Connect Coffee Talk: Your Heart—You Are Captivating
Session Eleven	1/9/25	Lesson 11: What Does the Sacrament of Penance Have to Do with My Friendship with Christ?
Session Twelve	1/16/25	Lesson 12: What Does the Eucharist Have to Do with My Friendship with Christ?
Session Thirteen	1/23/25	Lesson 13: How Do I Conquer My Fears?
Session Fourteen	1/30/25	Lesson 14: Connect Coffee Talk: Marriage—Transformed by Grace
Session Fifteen	2/6/25	Lesson 15: What Is the Role of Suffering In My Life?
Session Sixteen	2/13/25	Lesson 16: What Does Mary Have to Do with My Friendship with Christ?
Session Seventeen	2/20/25	Lesson 17: Can God Really Change Me or Is That Just Wishful Thinking?
Session Eighteen	3/13/25	Lesson 18: Connect Coffee Talk: Children—Reaching Your Child’s Heart
Session Nineteen	3/27/25	Lesson 19: What Challenges Will I Face in My Efforts to Follow Jesus More Closely?
Session Twenty	4/3/25	Lesson 20: What Is the Relevance of the Church in My Life?
Session Twenty-one	4/10/25	Lesson 21: How Do I Read the Bible in a Meaningful Way?
Session Twenty-two	4/24/25	Lesson 22: Connect Coffee Talk: Outside Activities—Set the World on Fire