

# Opening Your Heart

## CALENDAR SYLLABUS FOR YOUR WALKING WITH PURPOSE PROGRAM

**LOCATION:** St. Vincent de Paul Catholic Church

**TIME:** Thursdays 6:30-8:00 PM

SESSION	DATE	LESSON DETAILS
Session One	9/25/25	Lesson 1: Connect Coffee Talk 1 Four Steps to Walking with Purpose
Session Two	10/2/25	Lesson 2: Who Is Jesus Christ?
Session Three	10/9/25	Lesson 3: Why Is Jesus Christ Interested in My Friendship?
Session Four	10/16/25	Lesson 4: Why and How Should I Pray?
Session Five	10/23/25	Lesson 5: Connect Coffee Talk 2 God—First Place in All Things
Session Six	10/30/25	Lesson 6: Who Is the Holy Spirit?
Session Seven	11/6/25	Lesson 7: Why Should I Read the Bible?
Session Eight	11/13/25	Lesson 8: What Is Grace and What Difference Does It Make?
Session Nine	11/20/25	Lesson 9: What Are the Limits of Christ's Forgiveness?
Session Ten	1/8/26	Lesson 10: Connect Coffee Talk 3 Your Heart—You Are Captivating
Session Eleven	1/15/26	Lesson 11: What Does the Sacrament of Penance Have to Do with My Friendship with Christ?



# Opening Your Heart

## CALENDAR SYLLABUS FOR YOUR WALKING WITH PURPOSE PROGRAM

**LOCATION:** St. Vincent de Paul Catholic Church

**TIME:** Thursdays 6:30-8:00 PM

SESSION	DATE	LESSON DETAILS
Session Twelve	1/22/26	Lesson 12: What Does the Eucharist Have to Do with My Friendship with Christ?
Session Thirteen	1/29/26	Lesson 13: How Do I Conquer My Fears?
Session Fourteen	2/5/26	Lesson 14: Connect Coffee Talk 4 Marriage—Transformed by Grace
Session Fifteen	2/12/26	Lesson 15: What Is the Role of Suffering in My Life?
Session Sixteen	2/19/26	Lesson 16: What Does Mary Have to Do with My Relationship with Christ?
Session Seventeen	2/26/26	Lesson 17: Can God Really Change Me or Is That Just Wishful Thinking?
Session Eighteen	3/12/26	<b>Lesson 18: Connect Coffee Talk 5</b> Children—Reaching Your Child's Heart
Session Nineteen	3/26/26	Lesson 19: What Challenges Will I Face in My Efforts to Follow Jesus More Closely?
Session Twenty	4/9/26	Lesson 20: What Is the Relevance of the Church in My Life?
Session Twenty-one	4/16/26	Lesson 21: How Do I Read the Bible in a Meaningful Way?
Session Twenty-two	4/23/26	Lesson 22: Connect Coffee Talk 6 Outside Activities—Set the World on Fire

