



## Growing Faith-Filled Kids: Birthdays

The point of a birthday celebration is to make the birthday person feel cherished.

- An easy way to do this is to tell the story of their birth, the cute or funny things they did as a baby & toddler.
- Parents might mention traits about the child, which bring them joy.
- Siblings quickly start adding memories of funny incidents from the past.
- As the years pass, your children won't remember what gifts they received on their birthdays, but they will associate their birthday with the feeling of being especially loved & affirmed.

### Celebrate!

- If you have a "You Are Special Today" red plate, don't forget to set it on the dinner table for the birthday child. Don't forget to ask them to pick their favorite home cooked meal!



The Red Plate is the perfect way to acknowledge a family member's special day as well as reward to a goal they achieved. This plate can be used for many different occasions not just birthdays!

Here is the link to the Red Plate Store: <http://www.redplatestore.com/>. If you don't want to buy one, use a plate that you already have at home and designate it for that purpose. You can also make one if you would like. This website, <http://www.tipjunkie.com/post/you-are-special-red-plate-2-2/>, has supplies and directions needed to do this. Below is the Red Plate Tradition:

It was a time honored tradition among the early American families that when someone deserved special praise or attention they were served dinner on The Red Plate.

Today this custom, so dear to early American families, returns to remind us that a simple reward can mean so much.

The Red Plate is the perfect way to acknowledge a family member's special triumphs...celebrate a birthday...praise a job well done...reward a goal achieved...or simply say "You are Special Today".

When The Red Plate is used, any meal becomes a celebration, honoring that special person, event or deed. It is a visible reminder of love and esteem, a way of showing someone dear to you that they are appreciated and remembered.

The Red Plate is designed and crafted to become a family heirloom as it is cherished and passed from one generation to the next, marking life's important milestones.

The Red Plate...make it a tradition in your family, symbolizing the good and happy times. It will speak volumes of love, when words just aren't enough.